

ASK THE RABBI

Question: What is kabalah?

Answer: Although many imposters claim to be kabalah teachers or experts, even opening their own “centers,” true kabalah is a very serious subject. Kabalah, literally, a tradition is the deepest area of knowledge that man can attain.

Because of its conceptual nature, and the difficulty in understanding it, our Rabbis of the Mishna warned that one must first develop their mind by mastering the Torah and Jewish law first. We know that one who claims to be a kabalist must also be a master Torah scholar.

Unfortunately, in our times many people mistake what true kabalah is. They have come to the conclusion is it a system of secrets to a great life. What is even more unfortunate are people who take advantage of others’ ignorance and prey on their misconceptions. Beware of the imposters who claim to be kabalists.